

COVID-19 Positive Pathways

What happens when I test positive to COVID?

Information for patients and families

This document should not replace the advice of your relevant health care professional.

If you test positive to COVID

- The Department of Health will call you for contract tracing purposes
- The Department will ask your local hospital to contact you and help you through your illness.
 - **Austin Health**
 - **Northern Health**
 - **Eastern Health**
 - **St. Vincent's Hospital**
- You will receive a text message each day from the COVID Monitor Program.
- The text message has a link to the COVID Care symptom survey. Use the survey each day to tell us how you are feeling.
- The Department of Health will tell you when you can stop isolating.

What you must do if you test positive to COVID

- Stay home and isolate unless you need urgent medical care
- If any family/friends do not need to isolate, ask them if they can deliver food/supplies to you. They must not enter your home. Let us know if you have need help with this.
- Complete the daily symptom survey that is sent in a text message from your local hospital. This will help us to care for you.
- Tell us if you need extra help.
- If your symptoms get worse you should contact:
 - * **Your local hospital - COVID Positive Pathways call centre**
 - * **Northern Health ED virtual Triage out of hours: [Virtual Emergency Triage \(nh.org.au\)](https://www.northernhealth.org.au/virtual-emergency-triage)**
 - * **If you have shortness of breath, difficulty breathing or chest pain call 000**
 - * **In an emergency call 000**

For further information: COVID Positive Pathways

- Austin Health – 1800 518 205
- Northern Health – 0428 892 124
- Eastern Health – (03) 5957 4494
- St. Vincent's Hospital – (03) 9231 4900

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Austin Health acknowledges the Traditional Custodians of the land and pays its respects to Elders past, present and emerging. Austin Health celebrates, values and includes people of all backgrounds, genders, sexualities, cultures, bodies and abilities.



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