

**Desferrioxamine is a chelating agent indicated in cases of severe clinical toxicity occurring as the result of exposure to iron (Fe).**

**Indications**

*Acute Iron poisoning*

- See Iron guideline for indications

**Contraindications:**

- Known hypersensitivity, established anuric renal failure

**Adverse effects:**

- Non-IgE hyper-sensitivity reactions: urticaria, flushing, bronchospasm, hypotension (more likely to occur with rapid rate of infusion)

- Pulmonary toxicity and Acute Respiratory Distress Syndrome (ARDS) are more likely when administered for > 24 hours

- Secondary infection e.g., Yersinia enterocolitica

*Note: chelated Fe complex may cause urine discolouration*

**Pregnancy:**

- Desferrioxamine is not associated with fetal toxicity and is potentially life- saving

- Dose is based on pre-pregnancy weight

**Renal failure:**

- The dose of desferrioxamine should be ↓ by 50%

**Presentation:** Desferrioxamine mesylate powder in 500 mg/vial or 2 g/vial

**Dose and Administration: Ensure adequate fluid resuscitation prior to commencing DFO infusion**

**(1)** Prepare a 2 g (2000 mg) desferrioxamine solution using one of the following two options:

- a. If using 500 mg vials: Prepare 4 x 500 mg vials. Reconstitute each vial with 5 mL water for injection.
- b. If using 2 g vials: Reconstitute 2 g vial with 20 mL of water for injection.

**(2)** Remove 20 mL from a 100 mL normal saline bag, leaving 80 mL

**(3)** Inject the 2 g (20 mL) final DFO solution into the 80 mL normal saline bag (final concentration = 20 mg/mL)

**(4)** Begin infusion **slowly** 5 mg/kg/hour, increase by 2.5 mg/kg/hour every 10-15 mins up to max 15 mg/kg/hr

Weight (kg)	Desferrioxamine infusion rate (mL/hour) based on required mg/kg/hour dose				
	5mg/kg/hour	7.5mg/kg/hour	10mg/kg/hour	12.5mg/kg/hour	15mg/kg/hour
40	10 mL/hour	15 mL/hour	20 mL/hour	25 mL/hour	30 mL/hour
50	12.5 mL/hour	19 mL/hour	25 mL/hour	31 mL/hour	37.5 mL/hour
60	15 mL/hour	22.5 mL/hour	30 mL/hour	37.5 mL/hour	45 mL/hour
70	17.5 mL/hour	26 mL/hour	35 mL/hour	48 mL/hour	52.5 mL/hour
80	20 mL/hour	30 mL/hour	40 mL/hour	50 mL/hour	60 mL/hour
90	22.5 mL/hour	34 mL/hour	45 mL/hour	56 mL/hour	67.5 mL/hour
100	25 mL/hour	35.5 mL/hour	50 mL/hour	62.5 mL/hour	75 mL/hour
110	27.5 mL/hour	41 mL/hour	55 mL/hour	69 mL/hour	82.5 mL/hour

**Discontinuation of desferrioxamine:** Treatment for **6 hours** is usually sufficient.

- Maximum dose: 80 mg/kg/24 hours. Consider discontinuation once clinical toxicity (including metabolic acidosis) is resolving and serum iron concentration is < 60 umol/L