

Austin Health Bariatric (Obesity and Weight Loss Surgery) operates under the General Surgical 3 Unit

Triage Categories			
<u>Emergency/After Hours:</u> Call the Emergency Department (ED) on 9496 3368 to access an ED Consultant.	<u>Urgent: 1-30 days</u> To be seen at the next clinic	<u>Semi Urgent: 31-90 days</u> N/A	<u>Routine: 91-365 days</u> Will be invited to complete the mandatory pre-operative program. First appointment will be a 'Group Information Session'.
Condition / Symptom	GP Management	Investigations Required Prior to Referral	Expected Triage Outcome information
Bariatric (Obesity and Weight Loss Surgery) /Upper GI Surgery (Separate Clinic) Refer to 'Bariatric Surgery' Head of Unit Ahmad Aly	When to refer: If patient interested in weight loss surgery and meets the below criteria. Complications from previous weight loss surgery should include description of what type of surgery, where surgery occurred and when as well as what the current issues are. Edmonton Obesity Staging System score of 1 or more. BMI > 40 OR BMI 35 <u>WITH</u> 2 or more obesity related comorbidities AND Previous clear and significant attempts at non-surgical weight loss (provide documentation) Age 18-65	Clinical history and examination Bariatric Surgery Referral Form (obtained from Specialist Clinics) OSA screening tool (page 2) Diagnostics: Sleep Study (if meets criteria on page 2 of Bariatric Surgery Referral form). A copy of the Sleep Study report must be included in the referral for it to be accepted. Instruct patient to bring films & diagnostic results to the Specialist Clinic appointment.	Urgent: Complications from previous bariatric surgery such as dysphagia, reflux, pain, uncontrolled nausea and vomiting, unable to tolerate food or fluids. Routine: All referrals for primary bariatric surgery (no history of weight loss surgery in the past) Referrals for 'poor weight loss' following previous bariatric surgery Note: Patients triaged by Austin Health Bariatric Surgery Team as suitable for 'Austin Operating Suite Only' (BMI > 52 females and BMI > 48 males AND/OR significant or untreated comorbidities) may wait up to 12 months for an appointment. Patients triaged by Austin Health Bariatric Surgery Team as being suitable for 'The Surgery Centre Campus' (BMI <52 females

	<p>EXCLUSION CRITERIA]</p> <p>No documented previous attempts at weight loss</p> <p>Age 65 + (for primary weight loss surgery only)</p> <p>Current smoker</p> <p>Alcohol or substance abuse</p> <p>Edmonton Obesity Staging System Score 0 or 4</p> <p>Active eating disorder</p> <p>No evidence of previous weight loss attempts (i.e. dietitian input)</p> <p>End Stage comorbidity (EOSS Stage 4)</p> <ul style="list-style-type: none"> - Renal failure (dialysis) - Cardiac failure - Major active ischaemic heart disease - 2 or more vascular comorbidities (IHD, CVA, CRF) - Poorly functioning and unlikely to regain function <p>BMI 35-40 with NO comorbidity or functional affect</p> <p><i>Further eligibility criteria will be applied by the bariatric surgery unit. Referrer will be notified if patient deemed not suitable for surgical management.</i></p>		<p>and BMI < 48 males AND/OR little to no comorbidities) can wait up to 6 months for an appointment.</p> <p>Contact the Bariatric Surgery Liaison Nurse for more information about surgery wait times and selection criteria via Austin Health switchboard (03) 94965000</p>
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