

We would like to begin by acknowledging the Traditional Owners of the land on which we meet today and pay our respects to Elders past and present and extend that respect to other Aboriginal and Torres Strait Islander People who are here today.

Acknowledgment of Country



WelcomeChief Medical Officer (Acting) – Prof Mary O'Reilly





Our Vision and Values

Our Vision

Shaping the future through exceptional care, discovery and learning.

Our Values





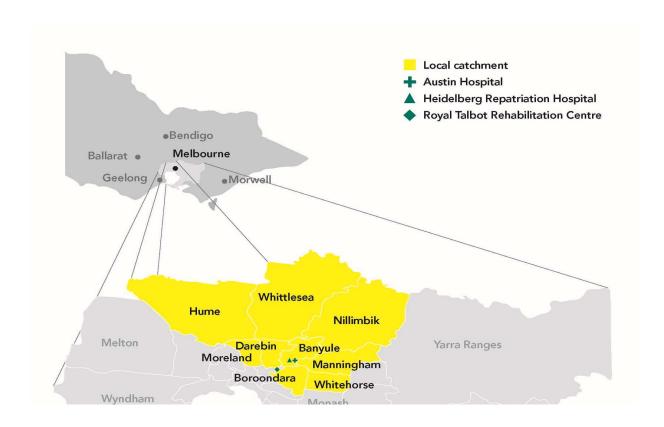


Our Strategy and Direction





Our Catchment and Campuses

















Clinical School), Gastroenterologist, General Physician





Clinical Education Unit









Education Orientation, welfare **Processes** and support **Evaluation Teaching** and and improvelearning ment Supervision, Assessment and reflection



PMCV programs

https://www.pmcv.com.au/education/professional-development-program-for-registrars



Teaching On The Run

Why should you attend?

To develop the ability to:

Plan and recognise opportunities for teaching

Provide effective feedback

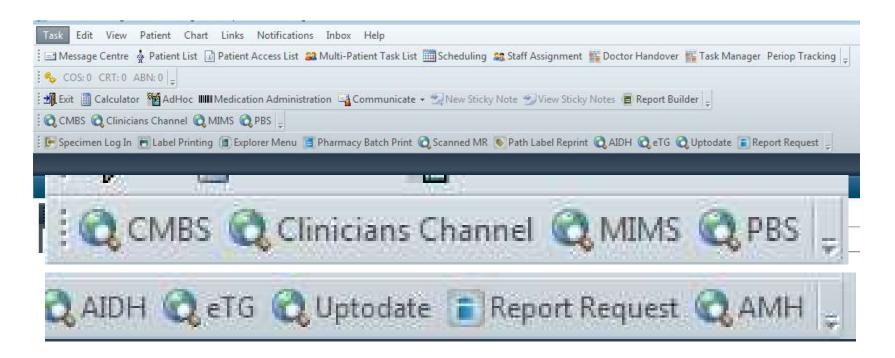
Provide strategies that support good supervision and learner support

Build staff confidence in ability to teach



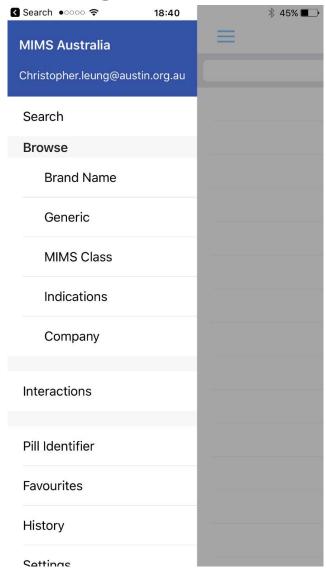


It's all about easy access...



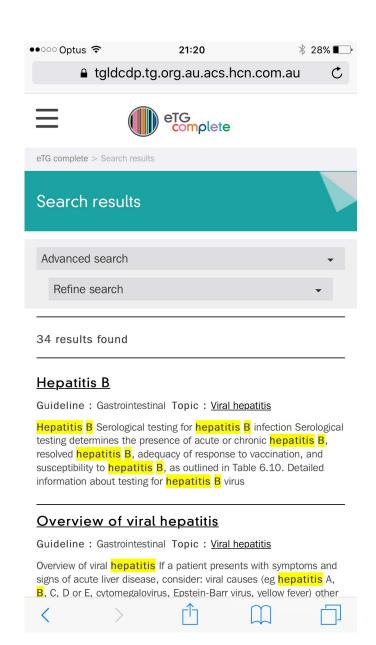


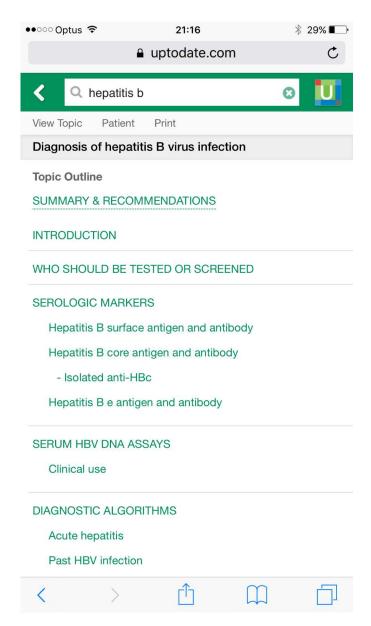
Easy access with mobile apps!





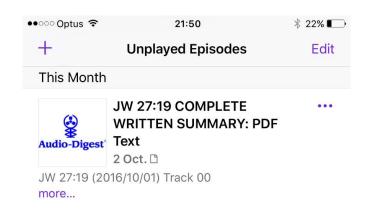












Last 3 Months



Duration of adjuvant endocrine therapy for breast cancer; Treatment for bing...

14 Sep. • 30 min. remaining \bigcirc

This episode features Dr. Harold Burstein discussing a Practice Changing Update related to the duration of adjuvant hormone therapy for non-metastatic, post-... more...



MJA Podcasts 2016 Episode 35: Bariatric surgery, ethics and hot topics with Prof W...

The Medical Journal of Australia 4 Sep. • 17 min.

Volume 205 Issue 5: 5 Sentember 2016 Professor

Duration of adjuvant endocrine therapy for breast cancer; T ...

UpToDate Talk — 14 September 2016 at 23:01













Austin Healthcasts

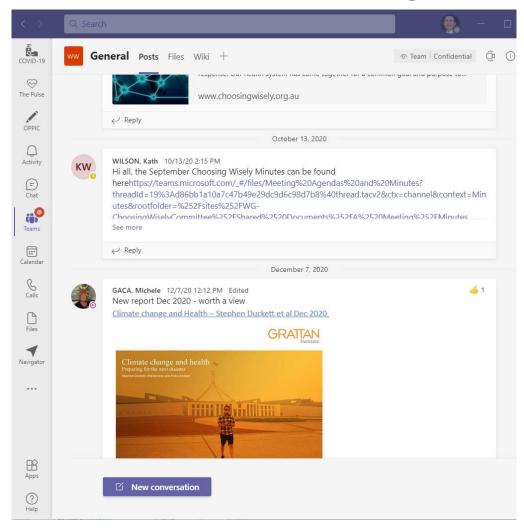
Intern and HMO podcasts

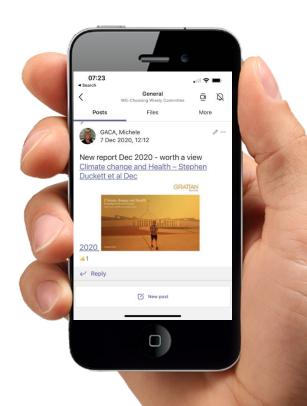
Purple Pens pharmacy podcasts

Linking with Corporate Communications



The Opportunity with Microsoft Teams





2020 X International Conference on Virtual Campus. Dec 3 (pp. 1-4). IEEE.

Research at Austin

Over 800 researchers & post-grad students

Over \$30M/year research funding

World class researchers

- Affiliated with eight universities
- UOM is ranked No.1 academic institution in Australia and 13th in the world for clinical, preclinical and health
- Multiple successes e.g. Prof Rinaldo Bellomo: Thomson Reuter's most published clinician











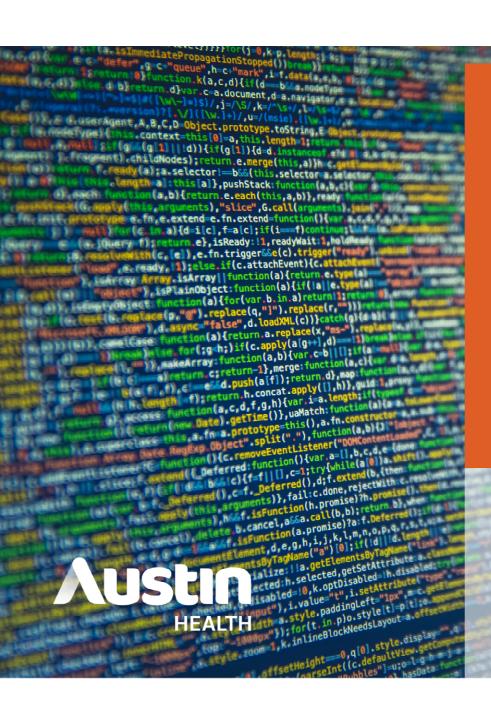


For everyday practice

John Lindell Lecture Theatre
Level 4, Lance Townsend Building
Austin Health

Register at www.austin.org.au/FOR





ADVANCED RESEARCH METHODS

Poised to publish

Austin Doyle Lecture Theatre Level 4, Austin Tower Austin Health

Register at www.austin.org.au/ARM

Innovative Education Programs

Simulation (video) (SW Version)

- Psychological Safety Simulation Program
- Simulation Educators Development Program
- Trauma / Deterioration simulation workshops
- Consumers / volunteers as simulated patients







DAY	TIME	ACTIVITY	VENUE
TUESDAY	0700 - 0800	SURGERY TUTORIALS (Weekly, April - November) Official protected teaching time for SET Trainees based at Austin	Howard Eddey Library Level 8 LTB
WEDNESDAY	0700 - 0730 0730 - 0830	SURGICAL FORUM INVITED LECTURES (Weekly, February - July) ANNUAL AUDTS (Weekly, July - November)	Lecture Theatre Level 8 LTB
THURSDAY	0700 - 0730 0730 - 0830	Light Breakfast SURGICAL UNIT WEEKLY AUDIT (Weekly, February - December)	Lecture Theatre Level 8 LTB
FRIDAY	0700 - 0800	Clinical Case Discussions (Fortnightly, April - November) Surgical Anatomy Tutorials (Monthly, April - November)	Howard Eddey Library Level 8 LTB
SATURDAY	0930 - 1230	SIMULATION WORKSHOPS (Four sessions for 2016 preceding Saturday Seminars)	Endoscopy Suite Level 2
SATURDAY	1300 - 1700	SATURDAY SEMINARS (Monthly, April - October)	Lecture Theatre Level 8 LTB
SATURDAY	0900 - 1500	RACS / GSA Simulation Workshops (Three sessions for 2016 open to all Victorian Gen Surg SETTrainees)	RACS Skills Centre





FRIDAY	16 OCT 2015	Austin Surgery Research Prize (0800 - 11.00)	
SATURDAY	5 DEC 2015	Austin Trainee Dinner	51



Choosing Wisely

Austin is the **champion site** for "Choosing Wisely" National Prescribing Service Initiative

Supporting evidence-based care, shared decision making and clinician and consumer education

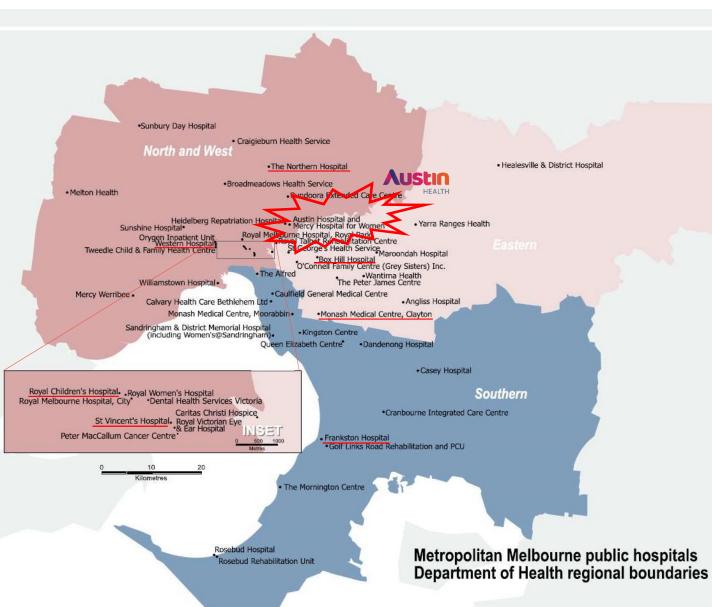
Funding from Better Care Victoria to support Project Officer and Clinical Leaders!

Interdisciplinary Steering Committee with support through to the board level





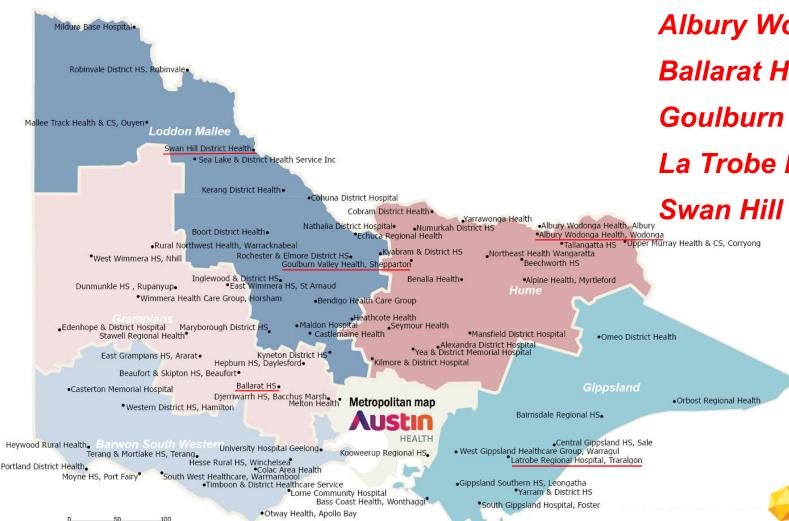




Austin Health
Northern Health
Eastern Health
St Vincent's Hospital
Western Health
Monash Health
Peninsula Health
Royal Children Hospital







Kilometres

Albury Wodonga Health
Ballarat Hospital
Goulburn Valley Health
La Trobe Regional Hospital
Swan Hill Hospital





5 Questions for interns to use!

And so, questions for the ward round:

- How will this test change management?
- Are there any tests you considered, but decided against?
- Are there any test or treatments you feel are particularly over-ordered?
- 4. What are the goals of this treatment?
- 5. Why did you decide on this treatment compared to other options?









Ask an Informationist



IS THERE EVIDENCE TO SUPPORT THE USE OF IV MAGNESIUM IN ATRIAL FIBRILLATION?

Fact or Fiction?



"... at present, the available data would suggest that magnesium, as an adjunct to electric cardioversion



Choosing Wisely – Ask an Informationist



FIBRILLATION?



Fact or Fiction?

... at present, the available data would suggest that magnesium, as an adjunct to electric cardioversion or for prevention, is more myth than a practical, easy (or magical) solution to the growing problem of AF.

2017 Systematic Review Evidence

"Magnesium administration postcardiothoracic surgery appears to reduce AF without significant adverse events."



Optimal timing = postoperative with duration >24h, doses up to 60mmol, administered as boluses



Insufficient evidence supporting magnesium therapy for treatment or prophylaxis of other arrhythmias



"Magnesium was inferior to β-blockers and amiodarone in preventing postoperative atrial fibrillation/flutter (POAF), which is consistent with the findings in cardiac surgery*

2016 Canadian Cardiovascular Society Guideline



"We suggest that patients who have a contraindication to βblocker therapy and amiodarone before or after cardiac surgery be considered for prophylactic therapy to prevent POAF with intravenous magnesium'

(Conditional Recommendation, Low-Quality Evidence)

2014

NICE Clinical Guideline



"Do not offer magnesium or a calcium-channel blocker for

Why not?

The Guideline Development Group (GDG) determined that Magnesium vas more clinically effective than calcium channel blockers but less effective than placebo. Therefore, the GDG considered these drugs showed harm and should not be used for cardioversion."

the other pharmacological agents."

Cochrane systematic review: "The ability of magnesium to prevent atrial fibrillation may be slightly less than that of



Laboratory test over-use is a known contributor to unnecessary interventions & patient harm

MINIMUM RETESTING INTERVALS

The minimum time before a test should be repeated, based on test properties and clinical situation



"Defining appropriate use of clinical microbiology tests remains an elusive goal" Wilson 2002

BEST EVIDENCE FOR MICROBIOLOGY



"If no evidence-based guidance existed ... recommendations were based on consensus"

"All recommendations in this area of pathology were based on consensus expert peer opinion." Royal College of Pathologists 2015

THE WAY FORWARD

- Studies indicate implementing computerised alert systems based on retesting intervals can save ~12.8% test cost
- Cleveland Clinic's "Hard Stop" method prevents same-day testing for 1200+ tests (at 2013)



saved US\$300,000+ prevented 18,000+ duplicate tests

EXPERT OPINION

We need a stronger evidence base! repared by Austin Health Sciences Library



Current

2016

Globally, guidelines recommend: in high risk patients, with acute non-variceal UGIB, post endoscopic haemostasis, administer PPI as IV bolus (80mg) followed by continuous infusion (8mg/hr) for 72

2002

BSGE 2002; ACG 2012; ESGE 2015; NICE2016; Nanchang 2016; JGES 2016

but wait...

2017

UTD recommends administering IV PPI *at a dose of 40mg twice daily rather than a high-dose continuous infusion"

"Our approach differs from 2010 and 2012 guidelines...Meta-analyses of randomised trials have failed to show superior outcomes with high-dose continuous IV PPI administration compared with intermittent dosing"

Overview of the treatment of bleeding peptic ulcers, UpToDate 2017

and...

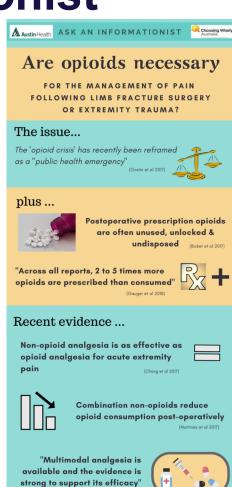
"intermittent PPI therapy has been found to be safe and effective while significantly reducing cost, even in patients with high-risk stigmata after endoscopy*

Evidence summary - American Journal of Health-System Pharmacy, Feb 2017

plus...

- Low dose IV PPI achieved the same efficacy as high dose PPI post endoscopic haemostasis
- "High dose PPI show little or no difference in the risk of rebleeding and mortality
- "The risk/benefit and cost/benefit balance are probably unfavorable to the use of high doses*

Evidence summaries 2010 & 2016



The balancing act...

Prepared by Austin Health Sciences Library Jun

Responsible

prescribing

Full report: http://bub/choosingwisely

Optimal pain

management

HEARTBURN AND REFLUX MEDICINE USE IN AUSTRALIA





About 1.6 million Australians take prescription heartburn and reflux medicine* daily



Over 19 million prescriptions issued for heartburn and reflux medicine* in 2013-14*



The most common heartburn and reflux medicine* cost the taxpayer over \$200 million* in 2013-14*



A person taking daily prescription heartburn and reflux medicine pays about \$450* per year



Up to 30% of people taking heartburn and reflux medicine* may be able to stop after their initial course (typically 4-8 weeks)





Should your patient be on a PPI?

Yes – for the following indications:

- Barretts Oesophagus
- NSAIDs / chronic antiplatelet anticoagulation prescribed for more than 1 week with bleeding risk (as determined by appropriate unit eg. Gastro / Haem)
- GI ulceration (acute / chronic bleeding)
- Partial gastrectomy with intact antrum / oesophagectomy
- Other (low levels of supporting evidence):
 - Severe oesophagitis including chemotherapy induced mucositis
 - Solid organ transplant for stress ulcer prophylaxis
 - ICU stress ulcer prophylaxis
 - Coagulopathy and platelets < 50
 - High dose steroids

Choosing Wisely Australia

An initiative of NPS MedicineWise

On Discharge:

- Document a clear prescribing plan in discharge summary:
 - Indication
 - Dose / Frequency
 - Duration of PPI therapy (please specify a STOP date if applicable)
- Educate patient of change

Maybe - for the following indications:

- Mild moderate oesophagitis
- Bariatric surgery

No – for the following indications:

- Peptic ulcer disease treated for 6-12 weeks (NSAIDs stopped, H.pylori eradicated)
- Upper GI symptoms without endoscopy (asymptomatic for 3 consecutive days)
- Uncomplicated H.pylori treated for 2 weeks and symptomatic (aim to stop once eradicated)
- GORD treated 4-8 weeks (oesophagitis healed, symptoms controlled for 3 months)

Options to De-Prescribe or Stop PPI

Consider

Desprescribe or

stop PPI

Continue PPI

REDUCE DOSE – If on PPI for > 6 months, half the dose weekly until on lowest possible dose then stop. Tapering will reduce the risk of rebound symptoms

OR

USE ON DEMAND – daily until symptoms stop or H2 antagonist

OR

STOP – If on PPI < 6 months or in hospital indication resolved.

On Discharge:

- Document a clear de-prescribing plan in discharge summary:
 - Duration of PPI therapy (please specify a STOP date)
- Educate patient of change

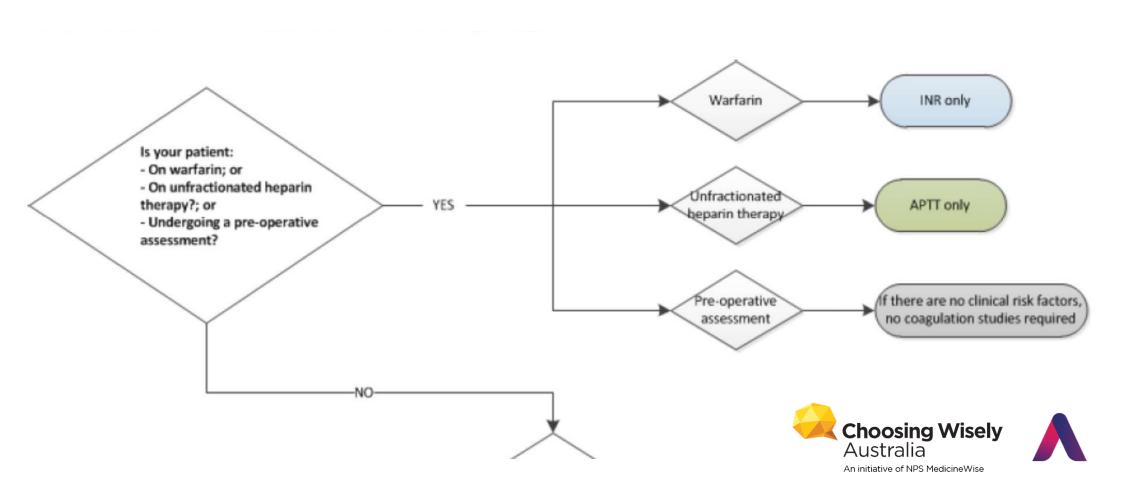








Education with decision support...





doi:10.1111/imj.13712

Limited utility of routine chest X-ray in initial evaluation of neutropenic fever in patients with haematological diseases undergoing chemotherapy

Ortis Estacio,¹ Zoe Loh,¹ Amy Baker,² Geoff Chong,² Andrew Grigg,^{1,2} Leonid Churilov³ and Eliza A. Hawkes (D^{2,4})

¹Department of Medicine, and ²Department of Clinical Haematology and Medical Oncology, Olivia Newton John Cancer Research and Wellness Centre, Austin Health, ³Statistics and Decision Analysis Academic Platform, Florey Institute of Neuroscience and Mental Health, and ⁴Eastern Clinical Research Unit, Eastern Health Monash University Clinical School, Melbourne, Victoria, Australia

Key words

chest X-ray, neutropenic fever, haematological malignancy, choosing wisely.

Correspondence

Eliza A. Hawkes, Department of Clinical Haematology and Medical Oncology, Olivia Newton John Cancer Research and Wellness Centre, Level 4, Austin Health, 145 Studley

Abstract

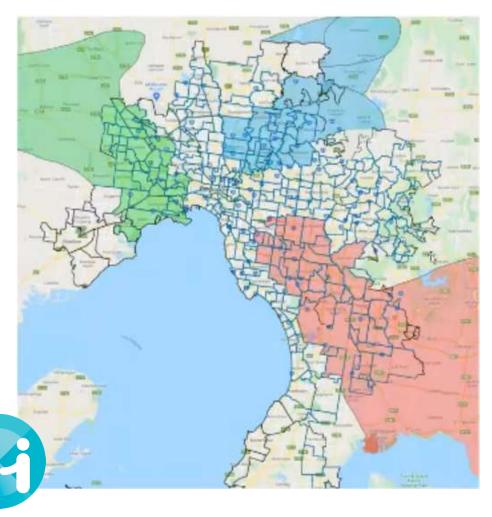
Background: Routine chest X-ray (CXR) is recommended for neutropenic fever (NF) management however its role is relatively understudied in haematology patients. Aim: To investigate the utility of CXR in the diagnosis and management of patients with haematological conditions complicated by NF.

Methods: Retrospective, single-centre analysis of haematology patients admitted with NF between January 2011 and December 2015. Baseline demographics, treatment details and outcomes were collected from electronic patient records. CXR underwent





Clinical Education opportunities with the new Public Health Units



North-East PHU

Southern PHU

Western PHU



Why Austin? Talk to our clinicians!



Summary Video (SW)



Dr Sarah Rickman
Supervisor of Intern Training (SIT)
Austin Health

AustinHEALTH

Why apply at the Austin

- · Friendly and supportive work environment
- Fantastic career opportunities
- Great rotations
- o Core requirements (Emergency Medicine, General Medicine and General Surgery)
- Cardiac Surgery
- o Endocrinology/Rheumatology
- o ENT/Head and Neck Surgery
- Gastroenterology
- Liver Transplant Unit
- o Orthopaedics
- o Psychiatry
- Radiology (Hybrid Radiology/Liver Transplant)
- Spinal
- o Stroke
- Urology
- Vascular
- o Rural rotations in Echuca and Mildura (Emergency Medicine and General Medicine)



Education and Supports

- An Engaged Clinical Education Unit
 - Weekly protected intern teaching times.
 - Deteriorating Patient Assessment Workshops.
 - Professional Development Workshops.
 - Research opportunities.
 - Clinical Skills Workshops.
 - Surgical Skills workshops at RACS.
 - Integrating multidisciplinary learning and teaching opportunities.
 - Peer Support and Mentoring Programs.
- Supportive Medical Workforce Unit
- Very active HMO Society



Goals during your intern year

- Transition from student to medical practitioner
- Independent, competent and safe doctor
- Increasing responsibility for patient care
- Develop professional judgement
- Work in a multidisciplinary team
- (Have fun!)



Clinical Education Unit - Who we are

- Director Shirley Burke
- Medical Lead Chris Leung
- Supervisor of Intern Training Sarah Rickman
- Supervisor of PGY2/3 Training Andrew Huang
- Education Officer Pauline Dib
- Directors of Training (multiple)
- ... and many other staff for day-to-day training



What we do

- Provide a diverse teaching and learning experience for over 300 junior medical staff
- Comprehensive orientation program
- Weekly intern education program
- Co-ordinate rotation assessments and feedback
- Optional after-hours training and workshops
- Supported by an excellent Simulation Centre and Library



Intern orientation

- 5-day comprehensive program
- Clinical skills practice including credentialing for IV cannulation
- BLS and ALS training
- Advanced clinical assessment skills for deteriorating patients



Intern education program

- Every Tuesday 12.30-1.30pm
- Protected teaching time
- Broad range of topics covered
- Soft skills, hands-on and didactic methods



AUSTRALIAN CURRICULUM FRAMEWORK FOR JUNIOR DOCTORS

version2.2





Responsive Program

- Live sessions allow interaction
- Multimodal (didactic plus interactive)
- Dedicated online space for intern group
- Ready access to MEO, SiT, Med Lead
- Recorded sessions





Other things we do

- Advocate for junior doctors
- Mentors, supervisors and role models
- Hand-in-hand mentor program
- Advertise other educational opportunities (eg. skills workshops, research training etc)
- One on one career discussion with SiT



Education opportunities

It's not just about Tuesday lunchtimes!

- Admitting patients
- Presenting on ward rounds
- Bedside learning and mini-tutes
- Case presentations
- Audits, M&M or MDM meetings
- Grand Rounds
- Common procedures
- Optional skills or training activities (after-hours)





Sarah McConchie- Manager, Doctors in Training



Intern positions - 2023

- Austin Health have 65 Intern positions in 2023
- One Intern position will be available for an Aboriginal or Torres Strait Islander applicant
- We expect to have at least 1 Intern position for Priority Group 2 candidates in 2023; the final allocation is determined by the PMCV



What is the Application Process?

- Applications open Monday, 9 May and close Thursday, 9 June
- Apply online via <u>PMCV</u> and <u>Austin Health</u> directly.
- PMCV Requirements:
 - Completion of online CV Form
 - Nominate two clinical referees
 - Record Video interviews (10 June to 12 June)
- Austin Requirements
 - Cover Letter and Curriculum Vitae (CV)
 - Non-clinical Reference (x1)
 - Photo



What happens from there:

- Short listing process undertaken (13 19 June 2022).
 - As part of our Aboriginal Employment Plan, all Aboriginal and Torres Strait Islander people will be shortlisted.
- Email notification of selection for online interview review (21/22 June 2022).
- Round 1 Offers Priority Group 1 20 July 2022.



Weighting of assessment criteria:

Scoring Shortlisting /Interview Assessment	Scoring Selection/Ranking
 Cover letter (35%) Curriculum Vitae (15%) Non-Clinical Reference (15%) Clinical References (35%) 	 Application score: 60% From Shortlisting Interview score: 40%

Cover Letter & Curriculum Vitae (CV)

- Your cover letter should address why Austin and why you?
- Address your cover letter to Ms. Gulsum Emin, MWU Coordinator, Medical Workforce Unit.
- Standardised CV Format will be required, template available on Austin Health and PMCV websites.



What are we looking for in a doctor?

A safe and good doctor

- Embodies Austin Health values.
- Works well within a team environment, particularly within a multidisciplinary setting.
- Has well developed communication skills.
- Is interested in research and teaching.
- Has interests and achievements outside of the medical field.
- Displays a community focus through membership of community or volunteer groups.
- Is interested in a future career at Austin Health*



Non-clinical Reference

- You need to submit ONE written non-clinical reference with your application to Austin Health.
- The reference needs to be from someone who has worked with you in a supervisory role (paid or voluntary), not a family friend/member or colleague.
- The reference should be no longer than one page.



Clinical References

- TWO clinical references will need to be supplied via the PMCV Allocation and Placement Service (APS)
- Your references can be from Consultants or Registrars, but better if they are from those who have worked clinically with you rather than an academic supervisor.
- This is a standardised online form, but please do encourage those completing the referee form to add commentary as well.



Further Information & Contact

Austin Health Website
 https://www.austin.org.au/careers/interns

• Email: internrecruitment@austin.org.au

• Phone: 03) 9496 6813



Questions and Answers

Senior Medical Staff Panel:

- MC Dr Chris Leung Medical Lead, CEU
- Aged Care A/Prof Michael Murray
- Anaesthesia/Critical Care Dr Shervin Tosif
- Emergency Medicine Dr Victor Lee
- Psychiatry Dr Michael Mazzolini
- General Medicine Dr Suet-Wan Choy
- General Surgery Mr David Proud



Questions and Answers

Doctors in Training Staff Panel:

MC – Dr Joey Lam– Elizabeth Austin Registrar

- Monique Fernandez intern
- Jenny Sheen intern
- James Wang intern
- Daniel De Battista HMO2
- Michael Jiang HMO2
- Elise Cannan BPT3+











Sustainable Healthcare

13th May, 11:15pm to 12:40 pm Chaired by Dr Chris Leung

- Anjali Sharma
- Ashjayeen Sharif
- Professor Nick Talley
- Fiona Armstrong
- Dr Angie Bone





https://event.racpevents.edu.au/racp-congress-2022/registration



