Patient Information Gastric Emptying Study

Austin Health

DEPARTMENT OF MOLECULAR IMAGING & THERAPY

INFORMATION FOR A GASTRIC (STOMACH) EMPTY STUDY

Your doctor would like you to have a **Gastric Empty Study**

This is a test to see how much time it takes for a meal that you eat to empty from your stomach.

PROCEDURE

- You are required to eat 2 slices of bread and an omelette to which we have added a small amount of radioactive material.
- Scanning may take up to 3 hours so please allow for this.
- It is important to let the Department know if you have any food allergy or have diabetes, so that we prepare a different meal such as porridge.
- Let us know if you are claustrophobic prior to your appointment

PREPARATION :

- Fast from both food and drink for 4 hours before the appointment.
- Do not smoke for 12 hours before the appointment.
- If you have diabetes, you should not take your morning diabetes medication, but bring your medication with you on the day of the test, so you can take them prior to your study
- Please stop the following medications including H_2 antagonists and proton pump inhibitors for 48 hours before your appointment: e.g;

  Metoclopramide, Zantac, Somac, Domperidone, Erythromycin, Opiates and Antispasmodic agents.

An important note for women having Nuclear Medicine Scans:

As with any test using radiation, you must contact the Department of Molecular Imaging & Therapy before your appointment if:

- **You are or may be pregnant, or if you are breast-feeding**
- **Please do not bring children under the age of 12 with you, due to potential for exposure to radiation.**

PLEASE BRING YOUR MEDICARE CARD TO YOUR APPOINTMENT

FURTHER INFORMATION

If you have any questions regarding this information, please contact:

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