

Going Home After Sedation

Name:..... Date:..... Time:.....

This handout includes information for you to observe when you are discharged from the Nuclear Medicine and PET centre at Austin Health after oral or intravenous sedation. The nursing staff will explain discharge advice to you before you leave the Nuclear Medicine and PET centre. If there is any information that you do not understand, **do not hesitate to ask questions.**

There are contact phone numbers on this handout that you can call if you need further information.

Your **local doctor** can also help with your questions and provide support.

Pain and discomfort

When you go home you can take pain medications such as Panadol, Panadeine or Panadeine Forte if pain starts. Do not exceed 8 tablets in 24 hours.

Medications

Return to taking regular medications unless instructed by medical staff otherwise.

Activity

Go home to bed and have a sleep or rest until you feel well enough to resume normal activity.

Returning to work and driving

Do not drive or operate appliances, machinery that requires your concentration and coordination for the first 24 hours.

Do not use public transport without an escort for the 24 hours.

Do not make any important decisions for the first 24 hours.

Further Information

If you have any other questions or concerns about the information in this handout please ring:

Nuclear Medicine and PET Centre on (03) 9496-5890 or (03) 9496-3716
Monday to Friday between 8:00 to 5:30.

You can also contact your local doctor or attend the emergency department.

Produced by:

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