

## AUSTIN HEALTH & NORTHERN HEALTH SERVICES FOR PATIENTS WITH PROSTATE CANCER



| SERVICES PROVIDED  | WHO CAN REFER?   | HOW TO REFER?  | SERVICE LOCATION   |
|--|--|--|--|
| Austin Health – Medical Outpatient Clinics   |  |  |  |
| Assessment and treatment of non-admitted (ambulatory) patients Staffed by medical, nursing and allied health For a full list of all the consultative outpatient clinics, refer to the GP access page of the Austin Health website: <a href="https://www.austin.org.au/">www.austin.org.au/</a>   | Referrals by medical staff only  | Phone: 9496 2900 Fax: 9496 2097 Email: gporeferral@austin.org.au Outpatient GP liaison nurse - Ann Steven Phone: 9496 2533 Pager: #1006 Email: gporeferral@austin.org.au   | Austin Hospital campus:<br>Level 3, Lance Townsend<br>Building<br>Repatriation campus:<br>Ground Floor, Tobruk<br>Building |
| Austin Health - Urology Nurse Consultants  |  |  |  |
| Assessment of continence & arrangement of prescription orders for continence aids Coordination of the video uro-dynamics clinic and follow ups as required Provision of diagnostic assessments such as voiding flow rates Coordination & management of intravesical therapies including: Bacillus Calmette Guerin (BCG) Dimethyl Sulfoxide (DMSO) Mitomycin (MMC) Provision of education & support to clients, families & community providers Liaison with community service providers – GPs, RDNS, Continence services Assist, recommend or provide expert advice on urological management including: intermittent self catheterisation catheter & drainage bag management (in dwelling and suprapubic) artificial urinary sphincters nephrostomy tube management erectile dysfunction management trial of void The service is provided by Urology Nurse Consultants – Robyn Bolger & Paul McGivern | Health professionals Patients can also self refer Patients do NOT need to have been an Austin Health patient | Phone: 9496 4915 Pager: #2996 Monday – Friday (excl public holidays) Email: urologynurseconsultant@austin.org.au   | Austin Hospital campus   |
| Austin Health – Sexual Health Service  |  |  |  |
| Assessment/education/information on sexual difficulties/concerns to inpatients, outpatients and family members  Provision of equipment to patients with sexual difficulties  Provision of patient information on all areas relating to sexuality  Information/education on sexual health issues to staff/community providers  Assessment/discussion on issues impacting on self esteem and body image.  Patients can be seen for multiple sessions  Good links with psychology services at Austin Health  There are no geographical boundaries, if patients are willing to travel  The service is provided by Sexual Health Nurse Consultants – Thea Connor & Sue Dickson  | Health professionals Patients can also self refer Patients do NOT need to have been an Austin Health patient | Phone: 9490 7232 Pager: #4871 Monday, Tuesday, Thursday, Friday Email: sexualhealth.service@austin.org.au  | Royal Talbot<br>Rehabilitation campus  |
| Austin Health - Regional Continence Service  |  |  |  |
| The Regional Continence service offers a multidisciplinary service to people with bladder or bowel dysfunction, including incontinence.  Services provided include:  | Anyone can refer, including self referrals.  Health professional referrals are preferred.                    | Referrals are made via the Aged Care ACCESS & Information service:  Phone: 9496 2489 Fax: 9496 -2613 Email: intake@austin.org.au General continence enquiries: Phone: 9496 2531 Referrals should include the patient's medical history and current medications | Repatriation campus  |
| Austin Health - Endocrine Men's Health Clinic  |  |  |  |
| Appropriate referrals include:  > endocrine care of men with prostate cancer > androgen deficiency/hypogonadism > other issues specific to men's health: - erectile dysfunction - cardiovascular risk assessments  The Men's Health Clinic is staffed by the following Endocrinologists: > Dr Mathis Grossmann, Dr Katherine Bates & Prof Jeffrey Zajac  There is no geographical restriction for patients attending the clinic.   | Referrals by medical staff only  | Phone: 9496 2444 Fax: 9496 2097 or Further information can also be obtained by contacting Dr Grossmann via Austin Health switch on 9496 5000   | Repatriation campus -<br>Endocrine centre  |
| Northern Health – Ambulatory Care Outpatient Department  |  |  |  |
| Assessment and treatment of non-admitted (ambulatory) patients Staffed by medical, nursing and allied health For a full list of the medical speciality clinics & timetable, refer to the GP access page of the Northern Health website: <a href="https://www.nhorg.au/">www.nhorg.au/</a>  | All health professionals<br>GPs, External Specialists,<br>HMOs, VMOs & allied<br>health                      | Phone: 8405 8335 Fax: 8405 8761 Referrals to be completed on the Outpatient/Ambulatory Care GP referral form   | The Northern Hospital  |
| Northern Health - BECC Continence Clinic: Continence Support   |  |  |  |
| Assessment, diagnosis & management strategies to assist in bladder/bowel control For persons of any age (including Children's continence service) living in:  > Darebin > Banyule > Shire of Nillumbik > City of Whittlesea  | Anyone can refer, including self referrals.  | Contact ACCESS BECC Phone: 9495 3109 Fax: 9495 3183 Referrals need to be on the VSRF form & include patient's details; DOB; contact numbers, reason for referral, relevant test results, language spoken & consent for contact.                                | Bundoora Extended Care<br>Centre campus  |

| Continence Foundation        | Victorian Continence          | The Cancer Council             | The Cancer Council            | Prostate Cancer               | Mensline Australia           |
|------------------------------|-------------------------------|--------------------------------|-------------------------------|-------------------------------|------------------------------|
| Helpline                     | Resource Centre               | Victoria                       | Helpline                      | Foundation of Australia       |                              |
| Free national helpline to    | 283 Cotham Road Kew           | For information on cancer, its | A confidential telephone      | This group can put men in     | An anonymous, professional   |
| provide resources and        | Contact: 9816 8266            | treatment & side effects,      | information and support       | touch with other men who      | telephone counselling servic |
| confidential advice from     | www.continencevictoria.org.au | support services, medical      | service where people can talk | have had prostate cancer      | available 7 days/week        |
| continence nurse advisors on |                               | terminology, and research      | to cancer nurses about their  | through its extensive network | Cost of a local call         |
| managing bowel and bladder   |                               | Contact: 9635 5000             | concerns/needs, and can be    | of prostate support groups.   | Can also provide support for |
| problems                     |                               | www.cancervic.org.au           | provided with information on  | Contact: 1800 220 099         | sufferers, carers, the       |
| Contact: 1800 33 00 66       |                               |                                | local services.               | www.prostate.org.au           | bereaved & their families    |
| www.continence.org.au        |                               |                                | Cost of a local call          |                               | Contact:1300 78 99 78        |
|                              |                               |                                | Contact: 13 11 20             |                               |                              |