

Instructions for a Gastric Empty Study

Department of Nuclear Medicine & Centre for PET

Name: _____

Appointment:

Date: _____ Time: _____

Your doctor would like you to have a **Gastric Empty Study**. This is a test to assess gastric emptying, which calculates the taken half clearance time for the ingested food to be cleared from the stomach.

Please report to the:

**Department of Nuclear Medicine
Heidelberg Repatriation Hospital
Level 2 of the Centaur Wing
Banksia Street, Heidelberg**

If cannot attend on the day, please call the Department to make another appointment time.

The phone numbers is: **03 9496 2611**

If you cannot attend on the day, please call the Department to make another appointment time.

Procedure: You are given a radioactive omelette to eat. Scanning may take up to 3 hours. It is important to let the Department know if you are allergic to eggs or are a diabetic so other alternatives for the test may be made.

Preparation: You are asked to fast from food and drink 4 hours before the appointment. You are also asked not to smoke 12 hours before the appointment

An important note for women having Nuclear Medicine Scans:

As with any test using radiation, you must contact the Department of Nuclear Medicine before your appointment if:

- You are or may be pregnant or you are breast feeding
- Please do not bring small children with you

Further Information

If you have any questions regarding this information, please contact:

Department of Nuclear Medicine

Phone 03 9496 2611

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