

## **Transgender research. Are you about to start gender transition?**

If you are about to start gender transition with hormone therapy you may be able to take part in a clinical research study. We are studying the changes that occur with hormone therapy on bone, fat, muscle and cardiovascular risk. The study involves questionnaires, bloods tests, and scans (DXA/body composition and bone CT).

We are looking for people:

- Age 18 years or older
- About to start gender transition
- Otherwise fit and healthy
- Not previously on gender affirming hormone therapy
- No previously diagnosed bone disease such as osteoporosis
- Willing to attend 5 visits over 2 years

If you choose to take part, you will be looked after by an experienced study team who will carefully monitor your health. You can continue to take any current medications.

For more information please contact: Dr Ingrid Bretherton on 9496 2486 or email [ibretherton@student.unimelb.edu.au](mailto:ibretherton@student.unimelb.edu.au)

This study has been approved by the Austin Health Human Research Ethics Committee: HREC17Austin74