**Author A, 1,2, Author B,1,2, Author C, 1,2, Author D1,2, Author E3, Author F1,2,3**

Author’s names in Arial 12 pt bold, corresponding author underlined

**Title of abstract** Title in sentence case, Arial 12 pt bold

*1. Institute for Breathing and Sleep, Heidelberg, Vic., Australia;*

*2. Olivia Newton John Cancer and Wellness Centre, Heidelberg, Vic., Australia;*

*3. University of Melbourne*

Affiliations in Arial 10pt italics

Use Aim, Method etc headings. Use Arial 12pt. Use spaces before headings and keep text with heading.

Aim

The abstract should begin with a clear statement of the aim, with a sentence on the background if necessary, providing a basic introduction to the field comprehensible to a scientist in any discipline.

Methods

Methodology must be stated briefly

Results

Quantitative and/or qualitative data should be presented concisely, with brief statistical analyses where appropriate. Use two or three sentences to explain what the main result reveals in direct comparison to what was thought to be the case previously or how the main result adds to previous knowledge. Use one or two sentences to put the results into a more general context.

Conclusion

Conclusion should be stated clearly and justified. Speculation should not be included.

Impact

Who or what is affected by this research and how they are affected. States the accomplishments and their contribution to healthcare by answering the questions who cares and so what. Use lay language.

References

If used please follow Vancouver style; use Arial 11pt

Word limit 300 words. Tables or figures may be included providing the size of the abstract is no greater than A4

Instructions for use:

Remove highlighted sections and save document as pdf before submission