

Instructions for a Renal and GFR Study

Department of Nuclear Medicine & Centre for PET

Name: _____
Appointment
Date: _____ Time: _____

Your doctor would like you to have a **Renal and GFR study**. The two tests are used to assess your kidney (renal) function, and Glomerular Filtration Rate (GFR).

Please report to the:

**Department of Nuclear Medicine, Austin Hospital
Level 1 of the Harold Stokes Building,
Burgundy Street, Heidelberg**

If cannot attend on the day, please call the Department to make another appointment time.

The phone number is: **03 9496 5718**

Procedure: You are given an injection of a radioactive tracer; images are taken for 20 mins and then you have to return to the department to have 3 blood samples, taken over a 4 hour period.

Preparation: Could you **drink 2-3 glasses** of water before the test.

If you are fasting for a pathology test before the Renal and GFR study please have your blood test before you come to the department. Once you have had your blood tests in pathology, you can have breakfast and take your insulin before coming to the Nuclear Medicine Department for the Renal and GFR study.

You do not need to fast for a Renal and GFR study.

An important note for women having Nuclear Medicine Scans:

As with any test using radiation, you must contact the Department of Nuclear Medicine before your appointment if:

- **You are or may be pregnant, If you are breast-feeding.**
- **Please do not bring small children with you**

Further Information

If you have any questions regarding this information, please contact:

Department of Nuclear Medicine

Phone 03 9496 5718

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