

# Instructions for a Gastric Empty Study

Department of Nuclear Medicine & Centre for PET

Name: \_\_\_\_\_

Appointment:

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Your doctor would like you to have a **Gastric Empty Study**. This is a test to assess gastric emptying, which calculates the taken half clearance time for the ingested food to be cleared from the stomach.

Please report to the:

**Department of Nuclear Medicine, Austin Hospital  
Level 1 of the Harold Stokes Building,  
Burgundy Street, Heidelberg**

If cannot attend on the day, please call the Department to make another appointment time.

The phone number is: **03 9496 5718**

If you cannot attend on the day, please call the Department to make another appointment time.

**Procedure:** You are given a radioactive omelette to eat. Scanning may take up to 3 hours. It is important to let the Department know if you are allergic to eggs or are a diabetic so other alternatives for the test may be made.

**Preparation:** You are asked to fast from food and drink 4 hours before the appointment. You are also asked not to smoke 12 hours before the appointment

## **An important note for women having Nuclear Medicine Scans:**

As with any test using radiation, you must contact the Department of Nuclear Medicine before your appointment if:

- **You are or may be pregnant or you are breast feeding**
- **Please do not bring small children with you**

## Further Information

If you have any questions regarding this information, please contact:

**Department of Nuclear Medicine**

Phone 03 9496 5718

**Produced by:**

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**Austin Health**  
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