

# Instructions for a GFR Study

## Department of Nuclear Medicine & Centre for PET

Name: \_\_\_\_\_  
Appointment  
Date: \_\_\_\_\_ Time: \_\_\_\_\_

Your doctor would like you to have a **GFR study**. GFR stands for Glomerular Filtration Rate. This is a kidney function test.

Please report to the:

**Department of Nuclear Medicine, Austin Hospital  
Level 1 of the Harold Stokes Building,  
Burgundy Street, Heidelberg**

If cannot attend on the day, please call the Department to make another appointment time.

The phone number is: **03 9496 5718**

**Procedure:** You are given an injection of radioactive tracer, and then have 3 blood samples, taken over a 4 hour period.

**Preparation:** Could you drink 2-3 glasses of water before the test.  
If you are to have blood tests on the same day, you must have your blood test first, because you are not allowed to eat or drink.

If you are fasting for a pathology test before the GFR study. Once you have had your blood tests in pathology, you can have breakfast and take your insulin before coming to the Nuclear Medicine Department for the GFR study.

**You do not need to fast for a GFR study.**

**An important note for women having Nuclear Medicine Scans:**

As with any test using radiation, you must contact the Department of Nuclear Medicine before your appointment if:

- **You are or may be pregnant, If you are breast-feeding.**
- **Please do not bring small children with you**

## Further Information

If you have any questions regarding this information, please contact:

**Department of Nuclear Medicine**

Phone 03 9496 5718

**Produced by:**

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Date produced: October 2009

Date for review: October 2010