

Instructions for a Bone Scan

Department of Nuclear Medicine & Centre for PET

Name: _____

Appointment:

Date: _____ Time: _____

Your doctor would like you to have a **Bone Scan**. The test is to evaluate bony pathologies such as; arthritic disease, metabolic bone disease, osteomyelitis, and bone fractures.

Please report to the:

**Department of Nuclear Medicine, Austin Hospital
Level 1 of the Harold Stokes Building,
Burgundy Street, Heidelberg**

If cannot attend on the day, please call the Department to make another appointment time.

The phone number is: **03 9496 5718**

Procedure: You are given an injection of radiotracer, which is taken up by your bones. You may be immediately scanned for approximately 20 minutes, and **asked to return to the Department 3-5 hours later, for delayed pictures.**

Preparation: You are asked to have 2-3 glasses of water before your appointment. You should continue to drink throughout the day.

If you have private x-rays, please bring them with you on the day of the test.

An important note for women having Nuclear Medicine Scans:

As with any test using radiation, you must contact the Department of Nuclear Medicine before your appointment if:

- **You are or may be pregnant, if you are breast-feeding**
- **Please do not bring small children with you**

Further Information

If you have any questions regarding this information, please contact:

Department of Nuclear Medicine

Phone 03 9496 5718

Produced by:

© **Nuclear Medicine Department**

Date produced: October 2009

Date for review: October 2010