

# Kimchi, Kombucha and Keffir; fermented foods are just another fad

Debate 16 October 12.30 -1.20pm. John Lindell lecture theatre

- An investigation of the claims of the fermenters. Surely this is just another food fad, remember the paleo diet? The grapefruit diet?
- The ladies take on the boys, with an outcome determined by the audience. Definitely something you can't miss. Choose a side and cheer for your team.
- Moderated by Fergus Kerr with special performances by Mark Horrigan, Claire Gordon, Graeme Hart, Belinda Yeo Paul Gow, and one other!

